PSYCHOLOGICAL



This can include repeated unwanted social invitations, such as relentless proposals for dates or physical intimacy and unwanted constant texting.

GESTURAL



This includes leering or ogling; holding or eating food provocatively, and hand signals or sign language denoting sexual activity.



VISUAL

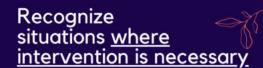
This can include showcasing pornographic material, drawing sex-based sketches, writing sex-based letters, and sexual exposure.



An active bystander is someone who steps in, speaks up, or reaches out in situations that are, or could be, harmful to a person or a group of people.

Determine whether a situation requires <u>direct</u> intervention or a distraction

- If you notice someone getting harassed, you can walk up to them pretending to know them. Say "Hi! i haven't seen you in so long!" and quietly offer to walk with them till the harasser leave.
- If someone makes a rape joke, you can interject and say "I don't think that's very funny, because it makes light of a situation that causes harm."



- Situations where sexual violence is normalized through conversation, jokes or comments.
- If someone is being harassed, catcalled or stalked
- If someone discloses an instance of sexual violence to you and directly requests your assistance

Determine your <u>level of safety</u> and comfort

- Is it safe for you to intervene?
 Seek assistance from a friend,
 another bystander, or the
 relevant authorities if necessary.
- Call the authorities if the situation poses a physical threat to you or others

FOR FREE COUNSELLING & LEGAL INFORMATION

016 237 4221

Mon-Fri: 9.30am - 4:30pm

